

“**Have no Fear!**, Fear leads to hate and hate leads to suffering”. My hart goes out for all people hurting now in Paris and all over the world.

**We can't change the past or even the present but we can change the future. Fear is born from lack of quality information and quality information is only born from deep listening and understanding of our peers. Ignorance is not bliss is death. We can't afford ignorance no more.**



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